

BELIEVING IN AUTHENTIC LEARNING



# LMP

Life Management Program

**QUẢN TRỊ CUỘC ĐỜI**

## *Dr. Gian Tu Trung*

*Educator | Founder*

*PACE Institute of Management*



**LMP is a pioneering, liberating education program founded and continuously taught by Dr. Gian Tu Trung since 2006, inspiring millions on their journey to self-leadership, life mastery, and destiny creation.**

# Are you truly living, or simply existing? Are you consciously creating your life, or merely reacting to circumstances?

In a time of greater personal freedom and independence than ever, “living for yourself” is no longer just a slogan. It is a skill: knowing who you are, making intentional choices, and building a meaningful life.

For years, we’ve focused on managing businesses and governing nations, but we rarely talk about managing a family, or a life. Yet the pattern is clear:



A thriving nation is  
built on good governance



A lasting enterprise depends  
on disciplined management



A happy family grows from  
thoughtful stewardship

It follows, then, that behind a fulfilled and successful life is a life that is well-managed.

We believe ***life can be managed, and that when it is, it becomes more successful, more meaningful, more fulfilling, and ultimately more worth living.***

Without the capacity for life management, other forms of management will remain superficial, short-term, or incomplete. For before one can lead a family, an organization, or a society, one must first learn to lead oneself.

PACE’s **Life Management Program (LMP)** is more than a training program - it is a transformative journey that helps people gain self-awareness, broaden their perspective, and build the inner strength to lead their own lives. It empowers them to own their path, shape their future, and create the life they aspire to live, the life they have long envisioned.

**“‘Life Management’ is not only self-management, but also the foundation of all other forms of management (family, team, organizational, and even societal management, etc.). More importantly, it is the cornerstone of a superior management model (Management by Culture / Self-Management) in an era where human freedom is increasingly expanding.”**

**Dr. Gian Tu Trung**  
Founder of PACE Institute of Management

## LIFE MANAGEMENT & THE FUTURE OF MANAGEMENT

*How to Lead People? Don't Lead People. Lead Yourself & Help People Lead Themselves*



*Life Management Program by PACE and the 7 Habits Program by FranklinCovey together form two essential learning solutions to realize the future model of management – “Management by Culture”.*

“

**“The best way to lead people is to help people lead themselves”**

*- Dr. Gian Tu Trung -*

# PROGRAM PARTICIPANTS



Leaders and managers seeking to elevate their leadership capabilities, enabling them to lead their teams through cultural depth and a liberal spirit.



Corporate professionals aspiring to develop self-leadership skills to optimize performance, master essential competencies, and build a solid mindset foundation.



Individuals seeking life direction and searching for answers to core questions: Who am I? What is my purpose? How should I design and create a meaningful life? ..."

# PROGRAM OUTCOMES

- Establish your "Life Management Map," and master both the "Life Management Model" and "Life Strategy."
- Live a purposeful life - not only more successful, but also happier in your own way.
- Bring to life the "management model of the future" within organizations: self-management / management by culture.

## DURATION & TUITION

- **Duration:** 02 sessions (equivalent to 6-8 hours of intensive training).
- **Tuition fee:** for regular tuition fee, special rates for group enrollment, early bird fees, please see details on PACE's website [www.PACE.edu.vn](http://www.PACE.edu.vn) or contact PACE's Training Consulting Department.



# PROGRAM CONTENT

## Section 1:

### **Fundamental Concepts in a new era**

The best way to enlighten oneself is to rethink and redefine the most fundamental beliefs in life, such as:

- *Definition of Human Being*
- *Definition of Freedom*
- *Definition of Culture*
- *Definition of Success*
- *Definition of Happiness*
- *What is the meaning of life?...*

## Section 2:

### **The "Life Management Model"**

Guided pathways across the following processes:

- *Enlightening True Self*
- *Discovering True Self*
- *Creating True Self*
- *Living Authentically*
- *Sustaining True Self*

## Section 3:

### **The "Life Strategy Model"**

Explore the "foundational choices" that have shaped and continue to shape our life, so as to consciously design the path ahead. Such as:

- *What is truly guiding your life?*
- *What are the most important choices you will make?*
- *How can you make the right decisions?*
- *How do you redesign your life for the next stages ahead?*

## Section 4:

### **Essential Life Skills**

Essential personal and life skills that can be immediately applied to daily lives, work, as well as personal development journey.

## Section 5:

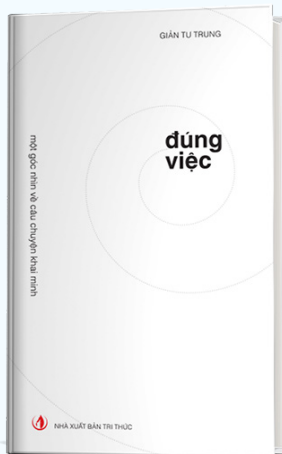
### **Program conclusion & Reflection**

Program wrap-up and final reflections

# FOUNDATIONAL BOOKS FOR THE JOURNEY OF LIFE MANAGEMENT

## The Pursuit of Truth – A Perspective on Enlightenment in Our Time

Author: Gian Tu Trung



The book proposes that the “work” of life unfolds across three essential dimensions: being a person, being a citizen, and practicing a profession. The choices one makes within each of these domains ultimately shape not only one’s own life, but also the family, organization, and society to which one belongs.

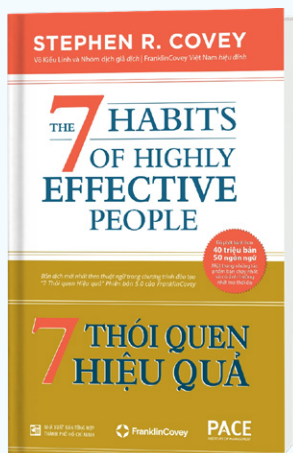
With clarity and philosophical depth, the author draws critical distinctions: between a free individual and one who lives as a mere instrument; between a citizen and a subject; between a true educator and a mere instructor; between a leader and one who simply holds power; between an entrepreneur and a mere profiteer.

More than a work of reflection, this book serves as a call to action: inviting readers to rethink what it means to live, to lead, and to contribute meaningfully in our time, challenging leaders and individuals alike to redefine themselves, and in doing so, to shape organizations and societies grounded in purpose, integrity, and conscious choice.

Source: “*The Pursuit of Truth: A Perspective on Enlightenment in Our Time*”

## THE 7 HABITS OF HIGHLY EFFECTIVE PEOPLE

Author: Stephen R. Covey



Recognized as the most influential book on personal effectiveness of the 20th century, and among the ten most impactful management books of all time - **The 7 Habits of Highly Effective People** has sold over 50 million copies and been translated into more than 40 languages worldwide.

Building on the enduring principles presented in the book, the **7 Habits** training program by **FranklinCovey** has become a landmark in the global learning and development industry, widely regarded as one of the most influential corporate training programs ever created.

At its core, The 7 Habits articulates a set of universal principles and timeless values that define human effectiveness, empowering individuals to transform themselves and fundamentally reshape their lives.

Today, the 7 Habits solution continues to exert profound global impact, having been adopted by over 90% of Fortune 500 companies to develop leadership effectiveness and organizational capability.

Source: [www.FranklinCovey.vn](http://www.FranklinCovey.vn)

Founded in 2001, PACE is one of Vietnam's most influential management institutes. For more than 25 years, PACE has helped advance modern management practices in Vietnam - strengthening leadership capacity, elevating governance standards, and expanding organizations' global outlook. PACE is also the first school for business leaders in Vietnam.

**PACE is a trusted partner in transforming leaders, teams, and organizations to achieve breakthrough and sustainable performance in an ever-changing world.**

## PACE's 3 Core Solutions to relize its mission:

- 1 PACE Training
- 2 PACE Consulting
- 3 PACE Books

PACE ecosystem **includes 8 affiliated schools, 8 member companies, and 8 global partners**, aligned across three integrated pillars: Training, Consulting, and Publishing. Together, they cover eight core disciplines of management: General Management, HR Management, Financial Management, Marketing Management, Sales Management, Production Management, Supply Chain Management, and Project Management.

PACE also advances its mission through **PACE NPOs**, a long-term portfolio of non-profit educational initiatives launched in 2007, designed to deliver comprehensive and meaningful impact.



**PACE Building**

195-197 Nguyen Thai Binh Street,  
Ben Thanh Ward, Ho Chi Minh City  
*(former District 1, Ho Chi Minh City)*

**PACE Building**

341 Nguyen Trai Street,  
Cau Ong Lanh Ward, Ho Chi Minh City  
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**PACE Building**

181-183 Co Giang Street,  
Cau Ong Lanh Ward, Ho Chi Minh City  
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**Hanoi Office**

Coalimex Building (Floor 2)  
33 Trang Thi Street, Cua Nam Ward  
*(former Hoan Kiem District)*